

Bridlington U3A



Registered charity no. 1138214

www.u3abridlington.me.uk

With thanks to the Round Tablers for their recent grant to our U3A



ROUND TABLE



EAST RIDING

OF YORKSHIRE COUNCIL

Thanks to ERYC for their grant aid

BRIDLINGTON U3A NEWS January/February 2012 no.28

Chair/News Editor: Sue Gollop (01262) 601909 sue.gollop@tiscali.co.uk 48 Roundhay Road, Bridlington YO15 3JY

Vice Chair: Clive Neale (01262) 490101 the.farriers@btinternet.com

Secretary: Wendy Brayshaw 07876571884 wendybrayshaw@btinternet.com 83 South Back Lane, Bridlington YO16 4AL

Treasurer: Christine Latham (01262) 851313 christine.latham4@btinternet.com

Group Coordinator: Jennie Copley (01262) 604729 jennifer.copley@talktalk.net

Speaker Secretary: Rosie French (01262) 424260 Welfare Officer: Gill Kay Social Secretary: Sylvia Overson

Other committee members: Frankie Austin, Lynda Musgrave, Yanina Sheeran

Minutes Secretary (ex officio): Jeanette Young

U3A Office: c/o The Community Resource Centre, 4-6 Victoria Road YO15 2BW (tel. 01262 670001)

Dear Bridlington U3A

A very Happy New Year to you all! Let us hope the more vulnerable members of our society will be able to cope with hardships ahead in a climate of compassion which, in the very least, we can help to create. Thanks to so many of you who have given support to the Kingfisher Café to help the homeless in Bridlington.

So where is Winter? I bought snow shoes and a snow shovel, determined not to be caught out like I was last year (and the year before), and they remain unused. Perhaps by the time you read this, all will have changed.



I hope you all had a lovely Christmas. I will long remember our happy Christmas Concert on December 19th which was attended by so many of you-at least 320 including visitors. It is always an enormous pleasure to see the different groups perform; this year the tap dancers, the choirs, the orchestra, the recorder group, the play writers and readers, the Italian groups. And then we had two great contributions from individual performers, Jean Wilson and Michael Perry.

Thank you to the group leaders who made all of this possible and as always, thank you to Wendy for her wonderful organisation and management of the morning.

This year, for the first time, we were able to enjoy a splendid Christmas Lunch provided by the Spa and organised for us by our Social Secretary Sylvia Overson. This was a very successful venture and so many of you made many nice comments afterwards-so thank you Sylvia and all the Spa staff.

Looking ahead to next year, we are examining more closely our ability to raise funds for our U3A. Grant aid is now much more limited to organisations like ours, which are considered to have a considerable internal fund raising capacity. We often raise funds for other charities but we also have to remember our U3A is also a charity with specific objectives:

- to advance the education of the public and in particular the education of older people no longer in full time gainful employment in Bridlington and its surrounding locality.
- to provide facilities for leisure time and recreational activities with the object of improving the conditions of life for the above persons in the interests of their social welfare.

And so your committee has spent some time recently putting together a fund-raising policy which I briefly outline in this newsletter so that you can understand the key issues for us as an organisation.

All good wishes to you for the year ahead

Sue Gollop (Chair)

Creative Writing Group - a message from Anne Mullender

The Creative Writing Group is now coming to an end. Many thanks to Anne for all her hard work in leading the group and congratulations on the publication of her anthology of poems 'Spreading My Wings'.

I have enjoyed guiding members of this group and my previous group, always stressing that I not a teacher. I have introduced members to the various genres and we have looked at the core modules, which included Autobiography, Writing for Children, Women Writing, Short Stories, Play Writing and Articles. It has given me pleasure and they tell me that this course has opened up a whole new dimension for them. From my first group Val Bolton successfully had a poem accepted for the well known magazine People's Friend and Joan Lakin is about to launch her children's book, Syd the Seagull. A poem written by Helen Watson was published in a poetry anthology, A Piece of My Heart. So as you can see the Creative Writing Group has had some successes. I thank all who attended my groups and wish them 'happy writing!'

U3A Summer Schools 2012

HARPER ADAMS UNIVERSITY COLLEGE NEWPORT, near TELFORD

Monday 16th. July to Thursday 19th. July, 2012

CINEMA HISTORY - UK film during and after the Second World War
DESIGN PRINCIPLES IN ART - Exploring the element of LINE
FRANCE - la France et les Français d'aujourd'hui
HISTORY - England in the 19th. century
MUSIC APPRECIATION - making friends with music around the world
PHILOSOPHY/FICTION - Exploring ideas in the fiction published in 1961
POETRY: Three Priest-Poets: G. Herbert, G. M. Hopkins and R. S. Thomas
RECORDER ENSEMBLE PLAYING
WRITING FICTION - Looking at ways of improving our writing

THE ROYAL AGRICULTURAL COLLEGE, CIRENCESTER

Monday 20th. August to Thursday 23rd. August, 2012

DRAMA: Let's try comedy
HISTORY: The Orient and the Occident
LITERATURE: Late! - Exploring the 'last' works of authors
NEEDLEPOINT LACEMAKING
PHILOSOPHY: What has Greek philosophy done for us?
PSYCHOLOGY: Reality and imagination
SINGING FOR PLEASURE
WEBSITE DESIGN: Build your own website

COSTS:

Full board residential in en-suite accommodation £315 per person

Non-residential day delegate including lunches £118 per person

Open to all U3A members - details on the U3A website <http://www.u3a.org.uk>

The importance of the monthly raffle (Frankie Austin)

You all probably know that those halcyon days with a grant to offset the costs of the Spa have come to an end and we

have to fund the monthly shortfall ourselves in current straitened circumstances. Several people have made the sensible comment that we should pay more at the door for our meetings but our U3A must be available for everyone who wants to join in so we have to be very careful with our prices. Last year the raffle made about £650 in profit and was the largest single contribution after the entrance fee towards the costs of hiring the Spa. This year the raffle will become even more important and we would like to make it bigger and better. Suitable contributions of quality, unused items are a great help – do you really need to eat that last box of chocs yourself? And for those of you who are willing to pay that extra pound each month to come to our meetings, the raffle is the way forward. (Ed. *And many thanks to Lyn Buonocore for organising the monthly raffle!*)



Lyn and the Christmas raffle

Support our next coffee morning: January 26th 10 am to midday - Resource Centre!

Fund-Raising Policy

Whoever would have thought that this would raise so many issues for us? I include below a brief outline of our policy-the full policy is available on request! I have no doubt we shall be amending and revising as we continue to learn from new experiences or situations.

Fund-raising for Groups or for the U3A as a whole	Fund-raising involving other Charities
<p>Private Fund-raising where groups can raise funds <i>within</i> the group to support their own particular and identified needs, for example by making an additional charge on their members or by saving funds from the members' regular contributions. This is considered to be a private fund-raising event which does not draw on contributions from other U3A members or the public.</p>	<p>External Fund-raising (i) An external charity might request access to a U3A arranged event for the purpose of fund-raising for itself. This request is subject to the approval of the committee and the 25% of net takings applied. <i>(However, monies donated to a charity or charitable causes represented by a speaker at a monthly meeting are exempted from this requirement).</i></p>
<p>Public Fund-raising where groups or individual members might engage in fund-raising events, either for a specific purpose or for general funds, by drawing on the support of other U3A members or the public. The charge for the opportunity to raise funds through public fund-raising events under the auspices of Bridlington U3A is 25% of any net takings from such events.</p>	<p>External Fund-raising (ii) An external charity might request the services of our U3A at an event arranged wholly by that organisation. In this case our U3A will negotiate an appropriate fee for participation <i>(An example of this might be the RNLI arranging a concert and asking for our choirs to perform)</i></p>

A tale of one member

My first knowledge of U3A was in 1990/91 at the Yoga for Health at Ikwel Bury (Bedfordshire) where I met Dr. David Clark, a trustee of YHF. He suggested we should have residential weekends for retired people to practise yoga, which we did until Ikwel Bury closed. So it was a great delight when the U3A came to Bridlington. Little did I think that I would become a 'groupie' but I am so glad I did, meeting strangers who are now friends. Thank you girls! **Mavis Turver**
(And thanks to you Mavis for all you have done for yoga and our U3A - you were one of our first group leaders and you don't look any different. Must be all that yoga!)



Feliz Ano Nuevo a todos los lectores de nuestro bulletin de noticia

Almost every week for the past year and longer, Dorothy Jennings's Spanish group has received a rapturous welcome from Dorothy's three little 'westie' girls as they meet in her lovely bungalow in the beautiful setting of Sewerby cliff top for the weekly challenge of 'SPEAKING IN A FOREIGN LANGUAGE'. It is so hard. Our brains are programmed to speak in English. So why do we go each week? We go because we enjoy it. During the winter months Dorothy, who has taught herself to speak Spanish, devises all sorts of games and activities to keep us busy. The simple memory game "I went to market and this is what I bought..." so much harder when played in Spanish. In the summer Tony Punter joins us and leads the group. He speaks just about all the main European languages fluently and when he is there we HAVE to talk in Spanish all the time, except that English keeps slipping in. We are a very hard working group and we hate missing a meeting because we have two wonderful leaders and through this we are all great friends. In November we all went out for a meal at the Seabirds to say 'Hasta luego' to Tony just before he went away on a cruise to the Caribbean.

Muchas gracias a ambos por todo lo que hacen por nosotros. (Frankie Austin)

	Monday	Tuesday	Wednesday	Thursday	Friday
am	Monthly Open Meeting Music Appreciation Short Walks Spanish for beginners Discussion Group (1) Discussion Group (2) Knitting and Crochet(2)	Music learn to play or Orchestra Allotments Trim Intentions Knitting & Crochet (1) Intermediate French Conversation Spanish for beginners	Short Walks Art Acrylics Medium Walks Spooning for Fun Card Making Spanish intermediate	Getting Going in Italian Art Watercolours German for beginners Family History Poetry Appreciation	Yoga Art Watercolours Art Portrait Painting
HUG	Yorkshire Studies	Medium Walks		Creative Writing	Walking
pm	Canasta Singing for Fun: The Entertainers Art Acrylics Bridge Tap Dancing Zumba Dancing Computers for Beginners	Hearing Loss U3A Choir Writing Memories Let's Make a Band Yoga (2) Technical Discussion Mahjong Indoor Bowls	Progressive Whist T'ai Chi Fun Galore Board Games Calligraphy	Advanced French Conversation Getting Started in Italian Getting there in Italian Beadwork Book Group A Little More German Reading Wine Appreciation Canasta Meditation 1	Radio Play Reading Swimming for beginners and improvers Play Reading Recorder Group 1 Meditation 2 Indoor Bowls Digital Photography
HUG		Bridge Family History		Discussion Group	

Variable: Geology Long Walks Trips Theatre Silver Dream Bikers Cycling for Fun Wolds Churches Pub Lunches

Pub lunches - future dates



- Wednesday 1st February 2012
 - Thursday 1st March 2012
 - Wednesday 4th April 2012
 - Thursday 3rd May 2012
 - Wednesday 6th June 2012
- Contact Kevin Fradley 01262 676713

Spa Meeting dates 10.00am for a 10.30am start

- | | |
|--------------------------------|-------------------------------|
| 16 th January 2012 | 14 th May 2012 |
| 13 th February 2012 | 11 th June 2012 |
| 19 th March 2012 | 9 th July 2012 AGM |
| 16 th April 2012 | |

Hunmanby Walking Group

The Hunmanby Walking Group will meet at 9.30am at the Hunmanby Library on the 2nd Tuesday in the month, walking 4/5 miles in a 20 mile radius, with possible car sharing and returning for lunch at the volunteer-run Spring Café



Wanted: Leaders to organise and lead a drama group and Ballroom dancing!
You must be out there ?



Who keeps sending me pictures of bikes?