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EAST RIDING  
OF YORKSHIRE COUNCIL

# BRIDLINGTON U3A NEWS

March/April 2011 no.23

## Committee Members

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**Speaker Secretary:** Rosie French (01262) 424260

**Committee members:** Frankie Austin, Gill Kay, Lynda Musgrave, Sylvia Overson, Clive Neale

**Minutes Secretary (ex officio):** Jeanette Young

Dear Bridlington U3A

This time last year we were investigating the possibility of making the Royal Hall our U3A meeting place - and now it feels like home. We were of course a little anxious about taking on a big financial commitment but when our Treasurer Christine and her Grants Committee secured a £5,000 grant from the Grassroots Fund to help with the hire of the Hall, we took the plunge. At that first meeting in January 2010 there were 229 members in attendance. At our recent January meeting 2011 there were 340 members present. Many of you commented very favourably on the new arrangement of the tables and chairs (known as cabaret style apparently) so we have decided to keep this layout for meetings in the future, but we will review the situation regularly. Please make use of the Comments Box which is available at meetings to tell us about your suggestions for improvements.

We must of course rely largely on the £1 entrance fee to cover costs so please don't forget to make your contribution. The entrance fee + the grant + the proceeds of the raffle/book sale/quiz ensure that we just about cover the hire costs. There is a small increase in hire charges this year following the VAT increase but the Spa gives us a very good deal and we are grateful for the care and attention they give us, particularly Jan Hawtin the Programme Officer who looks after U3A@the Spa. Having such a large venue available for our monthly meetings means we never have to worry about space or to confront the question which many U3As face of having to restrict membership.

For those of you who missed the February meeting, the Spa's general manager, Andrew Aldiss, talked to us briefly about volunteering to act as Event or Theatre Hosts at the Spa - in return for free admission to that particular event. If you are interested, do leave your name at the Box Office and you will be contacted.

Winter must now surely be over, but it has been a winter of falls and broken bones for many of our members. Please let us know on the Committee if you hear of illness or sad news regarding our members - we do like to keep in touch, particularly if the usual attendance at groups/meetings is prevented.

And finally a word of welcome to our new Minutes Secretary, Jeanette Young, who answered our plea at the last meeting. We are delighted to have you with us Jeanette! We are also looking forward to co-opting two new committee members, Gill Kay and Sylvia Overson, at the next meeting. Welcome to you all.

All best wishes

Sue Gollop

(Chair)



## FINANCE CORNER

We have a super core group of members on our Grants subcommittee who are doing a fantastic job. We have recently been awarded three grants, two for equipment and one for venue costs. Among the items we will be purchasing with these funds are a projector, screen and accessories.

The equipment will be based at the Centre but will be available to groups wherever they hold their meetings. One of the next projects for this group is an application for further funding to help with our Spa costs.  
Christine Latham (Treasurer)

Future Meetings U3A@the Spa  
10.00am for 10.30am £1 entrance

14 <sup>th</sup> February	13 <sup>th</sup> June
14 <sup>th</sup> March	18 <sup>th</sup> July
11 <sup>th</sup> April	No meeting in August
16 <sup>th</sup> May	19 <sup>th</sup> September

A new member asked me the other day if our U3A had its own song - here it is with a slight amendment\* from the time Jim first wrote it!

### Bridlington U3A Song by Jim McGonigle

When people come to Bridlington,  
They gaze out on the bay  
And when they look to Flamboro' Head,  
It takes their breath away  
And now you're here in Bridlington, forever and a day  
It's great that you have settled here  
And joined the U3A  
From very small beginnings,  
The group has grown and grown  
And with (four) \*SIX hundred people,  
You'll never be alone  
There are lots of new friends, to help you on your way  
See a different Bridlington  
Since you joined the U3A.

So if you haven't found a group,  
That you would like to join  
There must be one to suit you, if not just toss a coin  
So have you changed your lifestyle?  
Well only you can say  
But it's happy days in Bridlington  
And our local U3A.



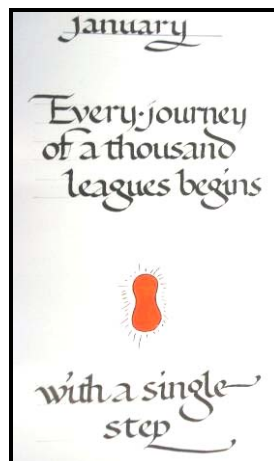
### What are they doing? It looks serious!

It's the Mahjong Group at play. Here we have Trevor Croft examining Sam Thompson's Mahjong set which he bought on the internet. I hope it met with your approval, Sam. The group is led by Susan Earnshaw and meets at Bean There on Friday mornings 10.00am to midday, starting up again in the Autumn.



### New groups and new leaders

George Stevenson - extraordinary calligrapher



Ann Kettlewell the leader of the second yoga group



## LEGAL ADVICE – A REMINDER

The Third Age Trust has an arrangement with First Assist to provide legal advice to U3A members. It is a free legal service available 365 days a year, 24 hours a day.  
Phone 01455 251500. You will require a code number available from your U3A Chair.

A request from the editor: Please send me pictures of your group activities for the newsletter and the PowerPoint presentation at the monthly meeting! (sue.gollop@tiscali.co.uk)

### New Group News!

The Churches Group will meet on 18th March from 2.00p.m. till 4.00p.m. in the North Library. Members to provide their own tea/coffee.



Richard Elliot wishes to start a 5-a-side football team.  
Is there anybody interested?



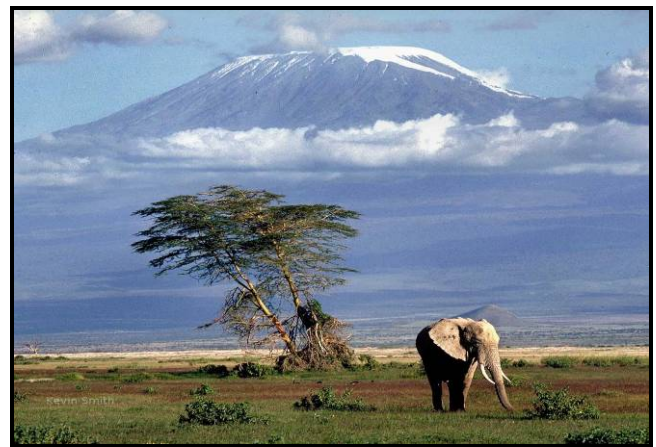
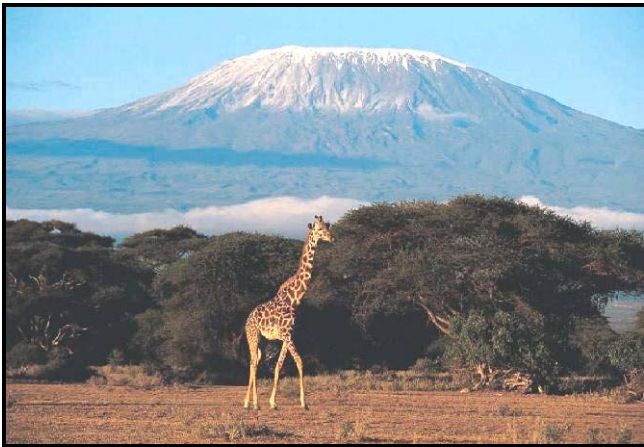
A new crochet and knitting class is about to be started.  
Sign up at the meeting.



### Bridlington University of the Third Age (U3A) January Meeting

If you are trying to find an interesting and exciting place to take your holiday while at the same time doing something useful for an important charity, you could take a leaf from Paul Russell's book. What is he planning? A trip to Wales to take a peek at Snowdon? Maybe Scotland to take in Ben Nevis? NO none of these but the clue is there. He likes mountains. So which mountain does this dedicated worker for Yorkshire Cancer relief have his eye on? It's Kilimanjaro, that well known extinct volcano in Africa (see below). Well known it may be but not a usual spot for a quiet restful holiday. Of course a quiet, restful break is not what Paul is looking for. He is travelling at his own expense to trek up there and he will be sleeping in his 'tent with a view.' That really is an ambitious plan. He is sponsored and expects to help the charity from his efforts. We wish him well and members appreciated his efforts and enjoyed his beautiful display. He truly deserves a successful outcome to the wild challenge he has set himself. Our U3A feels a particular connection with Paul since he is our cheerful and helpful Spa technician who provides technical support at all our meetings. You generously gave Paul just over £300 in donations and sponsorship and he asked me to send you his grateful thanks.

Before Paul's exciting presentation, we had the calming news from Andrew Guy assuring anyone who was worried about the big TV Switchover planned take place August in this area. Andy gave a lively and interesting talk – he was a little amazed at the size of the group but he now plans to seek out all the local U3As in his region. 'A fabulous audience' he said afterwards, 'and just right for my sort of work.' He explained the BBC Switchover Help Scheme in detail available to those over 75, or in a Care Home, or registered blind or partially sighted and for some with other disabilities. Above all he urged everybody to resist any aggressive sales talk which seeks to convince us all we need to go out and buy new televisions or other equipment. Don't... (Hilda Slater)



### **Opera North – a Community Project for July**

There is still time to join in this wonderful opera being written for Bridlington by the writer of Billy Elliott! Lots of our U3A singers are involved - every Monday evening at Bay Primary

**P.S. Wanted!** More singers, particularly sopranos, for the Entertainers Choir. It meets at 2.00pm - 4.00pm on Monday afternoons at St John's. Contact Carol on 01262 424769

### Sheila Elliott is doing the Race for Life.

If anybody wants to join in, Sheila is happy to help train those who would like to take part in this run on the 26<sup>th</sup> June – three miles!

# INTEREST GROUP SUMMARY

	Monday	Tuesday	Wednesday	Thursday	Friday
am	Monthly Open Meeting <b>Music Appreciation</b> Short Walks <b>Spanish for beginners</b> Discussion Group (1) <b>Discussion Group (2)</b>	Music learn to play <b>or Orchestra</b> Allotments <b>Trim Intentions</b> Knitting & Crochet	Short Walks <b>Art Acrylics</b> Medium Walks <b>Spooning for Fun</b> Card Making <b>Continuing French</b> Spanish intermediate	Getting Started Italian <b>Family History (2)</b> Art Watercolours <b>German for beginners</b> Spanish for beginners 1 <b>Beginners Family History</b>	Yoga <b>Art Watercolours</b> Art Portrait Painting
pm	<b>Family History (1)</b> Canasta <b>Singing for Fun: The Entertainers</b> Art Acrylics <b>Computers for Beginners</b> Bridge <b>Amateur Radio</b> Desk Top Publishing <b>Tap Dancing</b>	<b>Hearing Loss</b> U3A Choir <b>Writing Memoires</b> Let's Make a Band <b>Yoga (2)</b> Indoor Bowling 2 <b>Beginning French Conversation</b> Computers (Power Point)	<b>Creative handmade books</b> Progressive Whist <b>Creative Writing (Beginners)</b> T'ai Chi <b>Fun Galore Board Games</b> Calligraphy	French Conversation <b>Getting On in Italian</b> Getting there in Italian <b>Beadwork</b> Book Group <b>A Little More German</b> Reading <b>Wine Appreciation</b> Line Dancing <b>Canasta</b> Horse Mad <b>Meditation 1</b> Digital Photography <b>Spanish for beginners 2</b> German Conversation	Swimming for beginners and improvers <b>Indoor Bowling 1</b> Play Reading <b>Recorder Group 1</b> Recorder Group 2 <b>Meditation 2</b>
Variable meeting days: <b>Geology Long Walks Trips Theatre Silver Dream Bikers</b>					

## Eat at the East Riding College!

As you know, we are always keen to promote Bridlington and any enhancing community project. We think it is worth telling you about the great food our young catering students provide for a really good price in their Training Restaurant on St Mary's Walk. It is open Tuesday to Friday lunch time with a special themed evening on Thursday evenings. You will need to book so ring 01262 455000 and ask for the Restaurant.

Tina Colley (01262 672727), who is one of our Lunch Organisers, has booked a U3A Lunch at the college on March 24<sup>th</sup> – so you can try it for yourself!



## U3A CONCERT TIME! PLEASE NOTE!



22<sup>nd</sup> March SOS (in aid of Lifeboats)

at St John's Burlington 2pm - admission free  
Collection at the end

12<sup>th</sup> April U3A Concert

at St John's Burlington 2pm



## Films at the Spa – Tuesdays 1.30pm

8 March	His Girl Friday
15 March	The Maltese Falcon
22 March	The Day the Earth Stood Still
29 March	Arsenic and Old Lace
5 April	Mrs. Miniver
12 April	Carousel
19 April	To Kill a Mockingbird